



INSTITUTE  
PROJECT  
MANAGEMENT

Professional Certification

# IPM Agile Project Professional®

3-Day | 21 PDUs | IPM Agile Project Professional  
IPMA® Certified Agile Associate

Gain the practical skills and confidence to lead  
projects with agility and deliver value faster.



[instituteprojectmanagement.com](https://instituteprojectmanagement.com)

IPMA® | international  
project  
management  
association



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# Why Agile Project Management?

Agile project management is built on collaboration, adaptability, and continuous improvement – core values that reshape how modern organisations plan, deliver, and create meaningful outcomes.

Agile professionals drive this transformation by enabling teams to self-organise, prioritise customer value, and achieve measurable progress through iterative delivery.

True agility goes beyond frameworks – it's a mindset that embraces feedback, learning, and change to turn challenges into opportunities for growth.

The IPM Agile Project Professional® programme helps you master these principles. You'll gain practical tools, expert insight, and the confidence to guide teams and deliver projects with clarity and impact.





## Why study at IPM?

Since 1989, IPM has been actively engaged and involved in bringing world-class certification programmes offered by globally recognised project management certification organisations such as IPMA (Member Association & Certification Body), PMI (Authorised Training Partner), and PRINCE2® (Accredited Training Organisation).

We have also partnered with Ireland's second largest University, Technological University (TU) Dublin, meaning we can offer Bachelor & Master's levels programmes. This affiliation links us to the European University of Technology (EUT+).

Our direct involvement with the international project management community places IPM in a unique position to give you and your organisation the capability to adopt and maximise the best project management has to offer.

Working closely with a faculty of expert practitioners and leading academics, IPM promotes the very best current practice, theory and applied skills in project individuals and organisations worldwide.



**35+ Years  
of Excellence**



**Trained 50,000+  
Project Management Professionals**



**Certified 10,000+  
Project Managers**



**Empowered the Teams of 1000+  
Organisations Worldwide**

[Learn More](#)



# About the Course



## Duration

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3-Day  
21 Hours of Learning



## Study Options

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Online  
Classroom  
On Demand (Subtitles Available in  
Arabic, French, Chinese & Spanish)

Gain a practical and comprehensive understanding of Agile project management and learn how to apply its principles across real project environments. You'll explore core frameworks such as Scrum, XP, and Lean, and discover how to tailor them to different team and business needs.

Upon completion, you'll earn the IPM Agile Project Professional® certification — an official qualification governed and awarded by the Institute of Project Management. The programme also prepares you for the IPMA® Certified Agile Associate (Level D), recognised internationally across 70+ countries.

Through practical workshops, case studies, and guided exercises, you'll develop the confidence to plan adaptively, lead iterative delivery, and collaborate effectively with stakeholders and self-organising teams.

By the end of this programme, you'll have the knowledge, tools, and mindset to manage Agile projects with clarity, flexibility, and measurable results in fast-changing environments.

[Learn More](#)





# Programme Structure

Gain access to the strength of the Institute's academically rigorous curriculum, designed, and adapted for a dynamic learning experience.

## Agile Framework

- Why Agile?
- Origin and Context
- Benefits of Agile
- Agile Principles and Practices

## User Stories

- What is a User Story?
- User Story Template
- The 3 C's (Card, Conversation & Confirmation)

## Risk Management

- What is Risk Management?
- Traditional Risk Management Process
- How Agile Addressed Core Risks

## Agile Approach to Planning

- Agile Planning
- Product Road Map & Story Map
- Release & Iteration Planning
- Minimally Marketable Feature (MMF)

## Product Backlog

- What is a Product Backlog?
- Backlog Prioritization
- Value-Based Prioritization (ROI/NPV/IRR)

## Retrospective

- Retrospective – What is it?
- 5 Phases of Retrospective

## Scrum

- What is Scrum?
- Scrum Pillars/Cycle
- Roles and Responsibilities of Scrum Team
- Scrum Ceremonies and Artifacts

## Agile Estimating

- Estimation Challenges
- Why do we Estimate?
- Accuracy vs. Precision

## Other Key Agile Practices

- Value Stream Mapping (VSM)
- Adaptive Leadership
- Brainstorming Techniques
- Effectiveness of Different Modes of Communication

## Extreme Programming (XP)

- What is Extreme Programming?
- XP Life Cycle
- XP Goals
- XP 9 Key Concepts (Time-boxing, Iteration, TOC)

## Testing in Agile

- Traditional Testing vs. Agile Testing
- Agile testing flow
- Test Driven Development (TDD) Acceptance Test
- Driven Development (ATDD)

## Kanban

- Time-box vs. Flow based process
- Kanban Model
- Core Principles
- Scrum vs. Kanban

## Agile Metrics

- Waterfall vs. Agile Metrics
- Velocity & Cycle Time
- Burn Up/Burn Down Charts
- Cumulative Flow Diagram (CFD)



# We have trained the employees of...

facebook

 kirby  
engineering & construction



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Naturally Driven

CITYJET 

Allianz 

 Allergan

 BNP PARIBAS

ATKINS  
Member of the SNC-Lavalin Group



  
a Johnson & Johnson company

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Scientific



 Heineken®

SISK GROUP

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ARNOTTS

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## Who should apply?

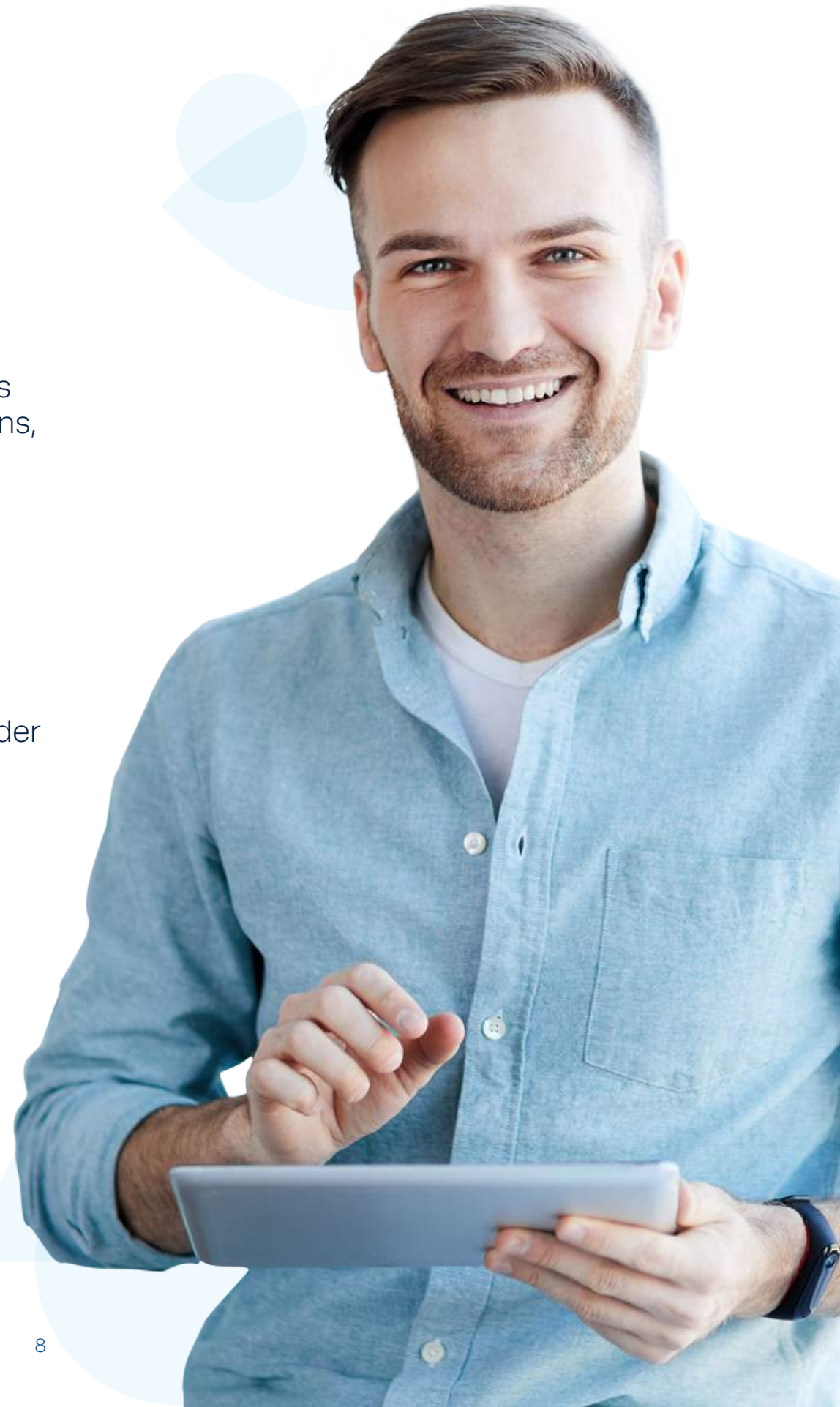
Professionals from a wide range of backgrounds and organisations benefit from the skills and methodologies taught in the IPM Agile Project Professional® certification programme. Our alumni manage projects across IT, public service, business, pharmaceuticals, marketing, telecommunications, and many other sectors.

### The course is perfect for:

- Agile coaches and Scrum Masters
- Product owners responsible for delivering value and represent stakeholder
- Team members who are involved in an Agile environment
- Project professionals who wish to enhance their credentials

Project managers who wish to add Agile to their skills and capability or anyone currently working on or supporting Agile-based projects are encouraged to join this programme.

[Apply Now](#)





# Assessment and Course Outcomes

Assessment for the IPM Agile Project Professional® Certification is completed through two components – the IPM Project Professional exam and the IPMA® Certified Agile Associate evaluation. The IPM exam consists of scenario-based multiple-choice questions (MCQs) that assess your applied understanding of Agile principles, frameworks, and practices. The IPMA® assessment includes a self-assessment of your People, Practice, and Perspective competencies, followed by a final exam with MCQs and a reflective essay.

To ensure you're fully prepared, you'll receive access to preparation materials throughout the course – including guided exercises, sample questions, and practice quizzes. These resources reinforce key concepts and help you build confidence ahead of your certification exams.

## Course Outcomes

Upon successful completion of the course, you will be able to achieve the following outcomes:



### IPM Agile Project Professional® Certification

Earn a professional certification from the Institute of Project Management, a globally recognised leader with over 35 years of experience in project management education. Trusted by more than 50,000 professionals and 500 organisations worldwide, this credential validates your ability to apply Agile practices to lead projects effectively and deliver measurable value.

→ [Learn More](#)



### IPMA® Certified Agile Associate (Level D)

The IPMA® Certified Agile Associate is an internationally recognised credential that confirms your competence across Agile People, Practice, and Perspective dimensions. With recognition in over 70 countries, it demonstrates your professional agility and readiness to succeed in global project environments.

→ [Learn More](#)



Exclusive Additional Benefit:

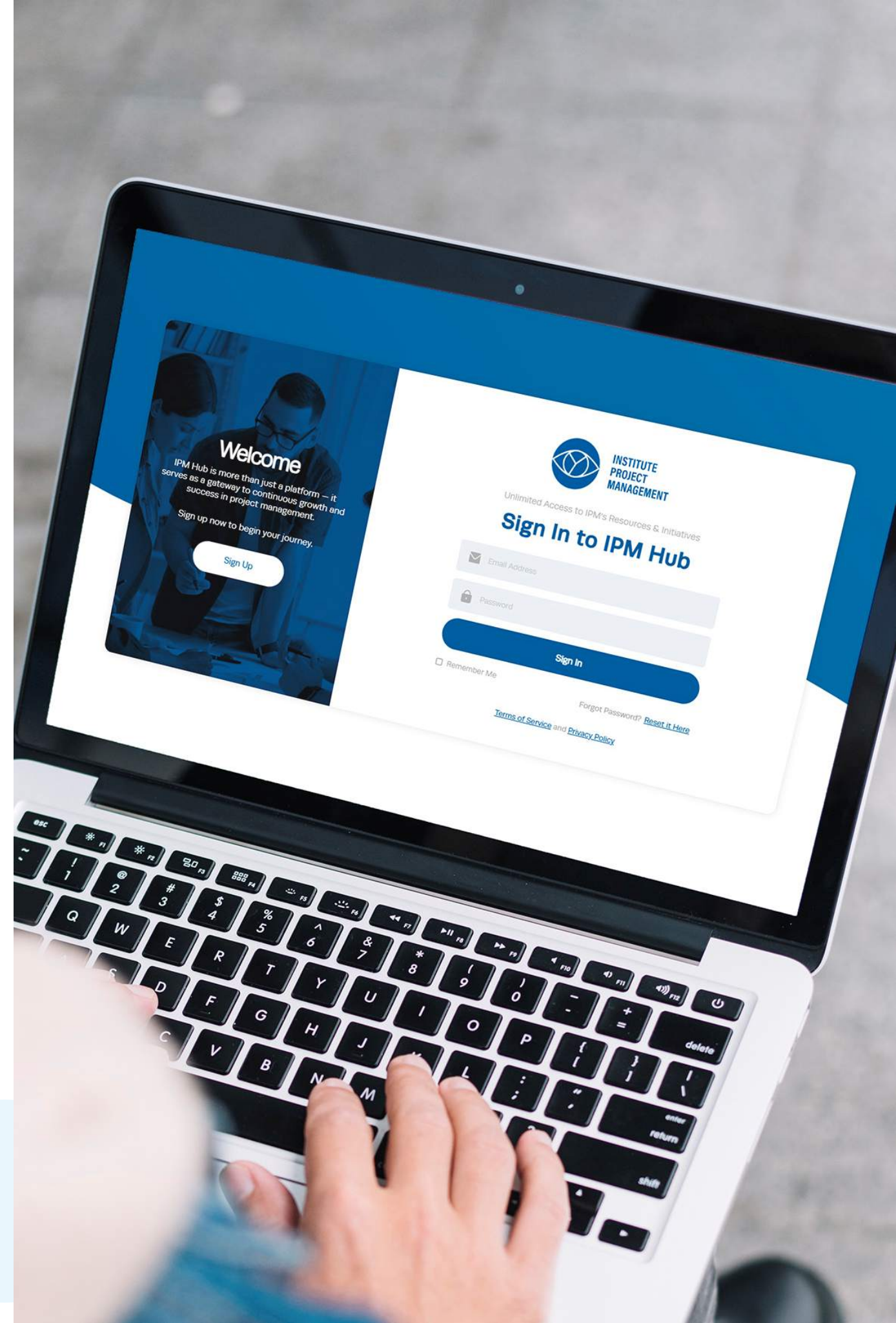
## IPM Hub and Membership

Gain access to a cutting-edge membership platform that connects you with a global community and industry experts.

IPM Hub and Membership provides exclusive learning opportunities to keep you ahead in your career and continuously support your professional development. Stay connected, stay informed, and take your career to the next level.

Membership benefits include:

- International Networking Opportunities
- Interactive Community Forum
- Access to an Exclusive Resource Library
- Certification Hub
- Continuous Professional Development Opportunities





# Why Certification?

Earning the IPM Agile Project Professional® and IPMA® Certified Agile Associate (Level D) certifications is a powerful way to demonstrate your capability, adaptability, and commitment to modern Agile project management.

These dual credentials validate you as a competent, internationally recognised Agile practitioner, offering a global benchmark for professional excellence and practical tools to deliver stronger project outcomes.

This certification programme is ideal for professionals seeking to enhance their credibility, gain international recognition, and advance their careers in Agile project delivery.

For organisations, it reinforces the importance of developing certified Agile professionals who can apply adaptive frameworks to achieve measurable business results.

[Learn More](#)

## For You

- Learn to think like an agile leader
- Build confidence in essential agile concepts and approaches
- Enhance your career prospects and earning potential with job-ready skills
- Increase efficacy, productivity and job security
- Earn a globally recognised & transferable qualification with long term career benefits

## For Your Organisation

- Standard agile practices across the organisation
- Lower costs and effective use of resources
- Develop team and organisational competence
- Greater levels of project efficiency and success



# What our students say about us



## Great team and support from the staff

Great team and support from the staff. The teacher on the course was very knowledgeable. I enjoyed taking my certification here.

**Eddy Younes**

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## I'd highly recommend the Institute

I'd highly recommend the Institute. I've been working in Tech for 8 years now and the AGILE PM class turned into a huge unlock for me, (...) Now I understand the process much better. It's all fell into place and I can utilise these new skills right now to help the company move ahead faster and with less wasted time and effort.

**William G**

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## The support and guidance provided was excellent

I undertook a course with the Institute in April 2021 and the support and guidance provided was excellent. The course content and delivery far surpassed my expectations, and I would recommend the Institute to anyone wishing to commence or continue their Project Management education.

**Peter Nolan**

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## The Course was Very Organised and Well Managed!

Really great college and the course was very organised and well managed! They really prepare you for the exams and assignments.

**Jenny Gibney**

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## Excellent course content, and preparation for exam

Excellent course content, presenter and preparation for exam. We had a small class from different backgrounds: HR, IT, SALES Product Owner. I highly recommend them, and they offer considerable value add. Had a query and head of course (was not expecting it) took a short phone call out of hours so that will tell you the customer mantra. Go for it!

**Barry McBreen**

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## Great Speakers Throughout.

Highly recommended. The course was very informative and presented by great speakers throughout.

**Deirdre Gaughran**

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[→ View More](#)



# Extended Value for Organisations

Corporate partnership with IPM goes far beyond training delivery. Our partners gain access to a suite of additional advantages – from a global knowledge hub and software advisory to diagnostic reviews and recruitment support.

These resources are designed to reduce friction, accelerate capability building, and ensure your organisation benefits from sustained impact long after your teams complete their training.

[Get In Touch](#)

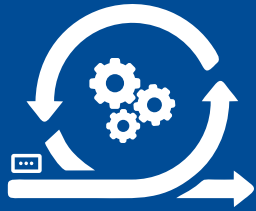
**Enterprise Training Planning**

**Bespoke PM Solutions**

**Flexible Fast-Track Access**

**Skills-Gap & Capability Review**

**PM Software Advisory & Optimisation**



Many organisations adopt Agile, but few achieve alignment. Inconsistent practices across teams can slow delivery, reduce impact, and limit collaboration.

**Empower your teams to deliver results** through tailored Agile training built to scale with your organisation's needs.

[Learn More](#)





# More Courses from IPM



Most Popular

AI INCLUDED

## Certified Project Management Diploma

IPMA-D®, CPM Level 1®, EQF Level 6  
42 hours live learning

Project Management Framework

Project Initiation to Close Out

Competence Development Roadmap

Fundamentals of Agile Project Management

and many more

→ [View Course](#)



## Strategic Project & Programme Management Diploma

IPMA-C®, CPM Level 2®, EQF Level 7  
42 hours live learning

Strategy & Project Management Mastery

Programme and Portfolio Management

Building and Implementing a PMO

Project Management Information Systems

and many more

→ [View Course](#)



## Project Leadership & Management Diploma

IPMA-B/A®, CPM Level 3®, EQF Level 7  
42 hours live learning

Managing Power, Interests, Conflict, & Crises

Leading Transformation, Innovation & Change

Political, Ethical and Social Leadership

Managing Virtual Project Teams

and many more

→ [View Course](#)

# The IPM Training System

The IPM Training System is a modern, streamlined system that combines practical learning with recognised certification to build both project capability and professional credibility. Integrated with AI and technology, it delivers real-world skills for individuals and scalable, consistent standards for organisations.

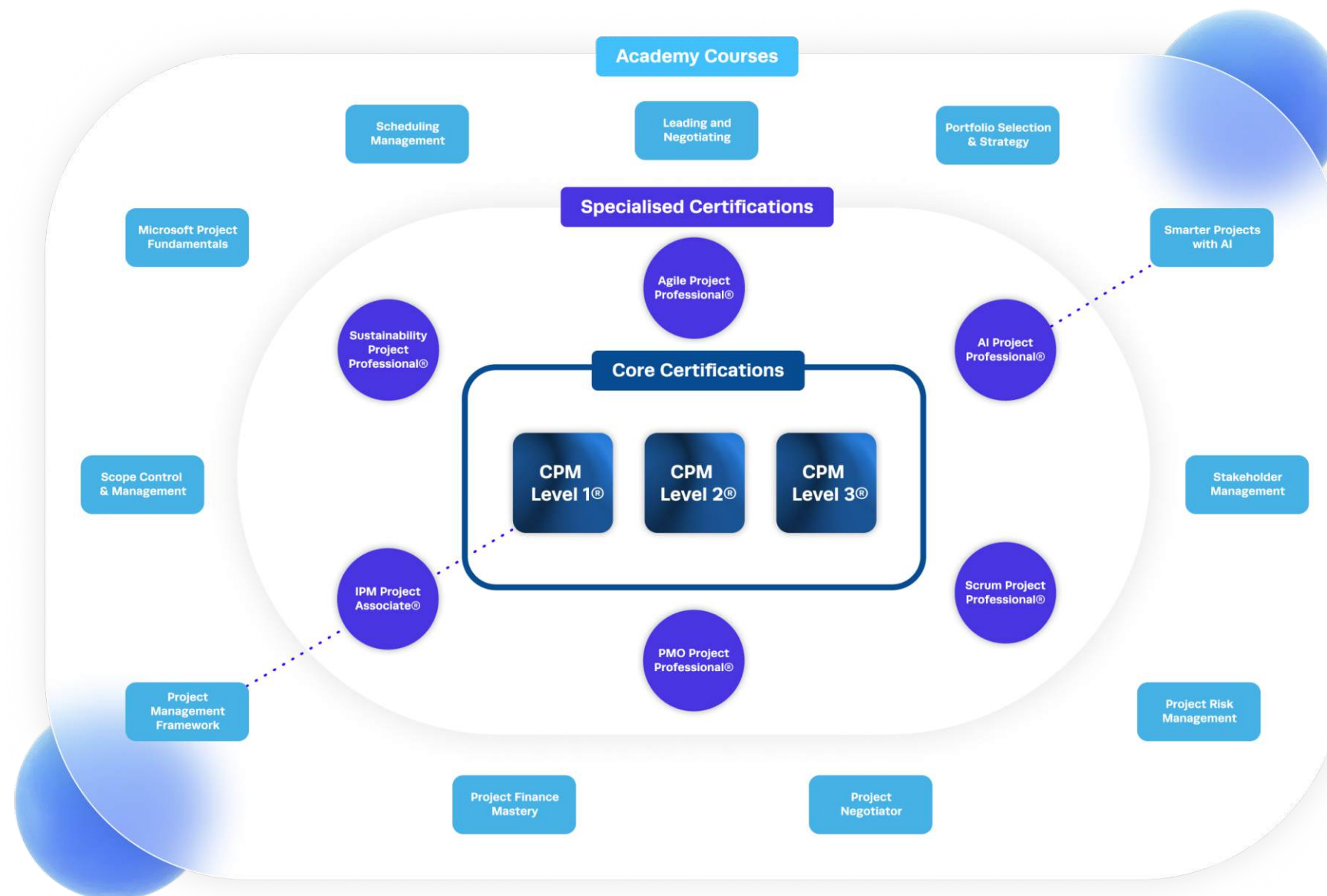
Explore the interactive diagram at: <https://instituteprojectmanagement.com/>

**35+ Years**  
Of Experience

**50,000+**  
Professionals Trained

**10,000+**  
Certified PMs

**1,000+**  
Organisations Trained





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**Contact us**